

Mental Health Support Teams are working in our school.

We are excited to share that we are working with our Humber Teaching NHS Foundation Trust and East Riding local authority to deliver a brand-new service to support our children's mental health and well-being in our school. The offer includes support and advice for school staff, parents, and carers, whole school approaches, staff training, and 1:1 and group interventions.

The service, which is currently known as the Mental Health Support Team, includes Education Mental Health Practitioners and Trainees, Senior MHST Practitioners, and Professional leads who will provide early intervention support, advice, and guidance for our students.

The team works alongside existing early intervention and early help services that support our schools such as education psychology and the behaviour support team.

We welcome Olivia to our school who will be working with us this academic year as a qualified Education Mental Health Practitioner. Olivia is excited to be joining our school community and is passionate about promoting children's and young people's well-being.

We will share regular updates about the services as it evolves, and I am sure you will see Olivia and the team around the school at key events such as parent's evenings and coffee mornings.

MENTAL HEALTH SUPPORT TEAM **EAST RIDING**

