

**Autumn/Winter Term MENU 3**

**Weeks commencing 19/09/22, 10/10/22, 07/11/22, 28/11/22, 02/01/23, 23/01/23**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
Pasta Bolognese Bake	Homemade chicken Pie & Gravy	Roast Pork, stuffing & gravy	All day breakfast Bacon, Sausage, Tomato	Salmon Fishcakes & Tomato sauce
Served with Crusty Roll Mixed Vegetables	Served with Mashed potato Baby carrots Green beans	Served with Roast Potatoes Broccoli Carrots	Served with Hash Browns Baked Beans	Served with Chips Garden Peas
Tutti frutti Cake & custard or Fresh Fruit or Low fat Yoghurt	Iced Cornflake Special with mandarins or Fresh Fruit or Low fat Yoghurt	Pineapple Upside Down Pudding & Custard or Fresh Fruit or Low Fat Yoghurt	Blueberry Muffin or Fresh Fruit or Low Fat Yoghurt	Chocolate Sponge & Chocolate Sauce & Fresh fruit salad or Fresh Fruit or Low Fat Yoghurt